



# Technical Dan Grade Examination Form

Name of Candidate:		Licence No:	
		Current grade:	

SECTION 1 - Nage-waza	SECTION 2 - Ne-waza	SECTION 3 – Renzoku-waza	SECTION 5 – Kaeshi-waza
<b>Nage-waza:</b>	<b>Ne-waza:</b>	<b>Nage-waza:</b>	<b>Nage-waza:</b>
1st SET	1st SET	1st SET	1st SET
O-goshi	Hon-kesa-gatame	Seoi-nage to Seoi-otoshi	Harai-goshi countered by Ushiro-goshi
Uki-goshi	Kuzure-kesa-gatame	O-uchi-gari to Ko-uchi-gari	Uchi-mata countered by Tai-otoshi
Tsuri-goshi	Ushiro-kesa-gatame	Hiza-guruma to Harai-goshi	Ko-uchi-gari c/w Harai-tsuri-komi-ashi
Tsuri-komi-goshi	Makura-kesa-gatame	2nd SET	2nd SET
Tai-otoshi	Mune-gatame	O-goshi to Uki-goshi	O-uchi-gari countered by Ko-soto-gari
Ippon-seoi-nage	Kata-gatame	O-uchi-gari to Ko-soto-gake	Ko-soto-gari countered by Uchi-mata
Morote-seoi-nage		O-soto-gake to O-soto-gari	O-soto-gari countered by O-soto-gaeshi
Seoi-otoshi		3rd SET	3rd SET
2nd SET	2nd SET	Ippon-seoi-nage to Kata-guruma	Hiza-guruma countered by O-uchi-gari
Ashi-guruma	Hon-kami-shiho-gatame	De-ashi-barai to Harai-tsuri-komi-ashi	Okuri-ashi-barai countered by Tsubame-gaeshi
O-guruma	Kuzure-kami-shiho-gatame	Tai-otoshi to Uchi-mata	De-ashi-barai countered by Ko-uchi-gari
Harai-goshi	Hon-yoko-shiho-gatame	4th SET	4th SET
Hane-goshi	Kuzure-yoko-shiho-gatame	O-soto-gari to Nidan-ko-soto-gari	Tsuri-komi-goshi countered by Utsuri-goshi
Uchi-mata	Hon-tate-shiho-gatame	Ippon-seoi-nage to Uchi-make-komi	Harai-goshi countered by Ura-nage
Harai-make-komi	Kuzure-tate-shiho-gatame	Harai-goshi to Soto-make-komi	Ashi-guruma countered by Sukui-nage
Hane-make-komi		5th SET	5th SET
Soto-make-komi		Kata-guruma to Yoko-otoshi	Morote-gari countered by Harai-goshi
3rd SET	3rd SET	Ko-uchi-gake to Ko-uchi-gari	Tani-otoshi countered by O-uchi-gari
O-soto-gari	Nami-juji-jime	Ko-soto-gari to Nidan-ko-soto-gari	Uchi-mata countered by Te-guruma
Ko-soto-gari	Gyaku-juji-jime	MARKS AWARDED FOR SECTION 2:	MARKS AWARDED FOR SECTION 4:
O-uchi-gari	Kata-juji-jime	<b>SECTION 4 – Renraku-waza</b>	<b>SECTION 6 – Renraku/Kaeshi/Nige-waza</b>
Ko-uchi-gari	Tsuri-komi-jime	<b>Nage-waza:</b>	<b>Ne-waza:</b>
O-uchi-gake	Ryo-te-jime	1st SET	1st SET
Ko-soto-gake		Ko-uchi-gari to Tai-otoshi	Kuzure-kesa-gatame to Ude-garami
O-soto-guruma		Hiza-guruma to O-soto-gari	Escape Kesa-gatame to Kuzure-kesa-gatame
Morote-gari		Ko-uchi-gari to Ippon-seoi-nage	
4th SET	4th SET	2nd SET	2nd SET
De-ashi-barai	Hadaka-jime	Uchi-mata to Ko-uchi-gari	Kesa-gatame to Hiza-gatame
Okuri-ashi-barai	Okuri-eri-jime	O-uchi-gari to Tsuri-komi-ashi	Escape Yoko-shiho-gatame to Sangaku-gatame
Sasae-tsuri-komi-ashi	Kata-ha-jime	Sasae-tsuri-komi-ashi to De-ashi-barai	
Harai-tsuri-komi-ashi	Sode-guruma-jime	3rd SET	3rd SET
Hiza-guruma	Koshi-jime	Ashi-guruma to Tani-otoshi	Kuzure-kami-shiho-gatame to Ushiro-kesa-gatame
Uki-otoshi		Harai-goshi to O-soto-gake	Kata-juji-jime countered by Hiza-gatame
Tomoe-nage		O-soto-gake to Seoi-otoshi	
Sumi-gaeshi		4th SET	4th SET
5th SET	5th SET	O-goshi to O-uchi-gake	Tate-shiho-gatame to Juji-gatame
Kata-guruma	Ude-garami	De-ashi-barai to Tomoe-nage	Escape Yoko-shiho-gatame to Kata-te-kata-ashi-jime
Koshi-guruma	Juji-gatame	Ippon-seoi-nage to Ko-uchi-gake	
Yama-arashi	Ude-gatame	5th SET	5th SET
Tani-otoshi	Hiza-gatame	Ippon-seoi-nage to Okuri-ashi-barai	Juji-ashi-shiho-gatame to Juji-gatame
Yoko-otoshi	Waki-gatame	O-uchi-gari to Uchi-mata	Tate-shiho-gatame to Mae-sode-jime
Yoko-wakare		Ko-soto-gari to Tai-otoshi	MARKS AWARDED FOR SECTION 5:
Yoko-gake		MARKS AWARDED FOR SECTION 3:	
Uki-waza			
MARKS AWARDED SEC' 1:	MARKS AWARDED SEC' 2:		

Examiner Section 1: _____ SE No: _____ Date: _____ Examiner Section 2: _____ SE No: _____ Date: _____ Examiner Section 3: _____ SE No: _____ Date: _____ Examiner Section 4: _____ SE No: _____ Date: _____ Examiner Section 5: _____ SE No: _____ Date: _____	Examiner Section 6: _____ SE No: _____ Date: _____ Examiner Section 7: _____ SE No: _____ Date: _____ Examiner Section 8: _____ SE No: _____ Date: _____ Examiner Section 9: _____ SE No: _____ Date: _____ Examiner Section 10: _____ SE No: _____ Date: _____
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SECTION 7 – Passmark = 180 from possible 300						PASS / FAIL / EXEMPT					
		R	L			R	L			R	L
1st SET – Te-waza	Uki-otoshi			Kata-seoi				Kata-guruma			
2nd SET – Koshi-waza	Uki-goshi			Harai-goshi				Tsuri-komi-goshi			
3rd SET - Ashi-waza	Okuri-ashi-barai			Sasae-tsuri-komi-ashi				Uchimata			
4th SET – Ma-sutemi-waza	Tomoe-nage			Ura-nage				Sumi-gaeshi			TOTAL
5th SET – Yoko-sutemi-waza	Yoko-gake			Yoko-guruma				Uki-waza			

SECTION 8 – Passmark = 90 from possible 150						PASS / FAIL / EXEMPT					
1st SET – Katame-waza		2nd SET – Shime-waza				3rd SET – Kansetsu-waza					
Kuzure-kesa-gatame		Kata-juji-jime				Ude-garami					
Kata-gatame		Hadaka-jime				Juji-gatame					
Kami-shiho-gatame		Okuri-eri-jime				Ude-gatame					
Yoko-shiho-gatame		Kata-ha-jime				Hiza-gatame					
Kuzure-kami-shiho-gatame		Gyaku-juji-jime				Ashi-garami					
						TOTAL					

SECTION 9 – Gonosen-No-Kata - Passmark = 72 from possible 120						PASS / FAIL					
1st SET – Ashi-waza		2nd SET – Koshi-waza				3rd SET – Te-waza					
O-soto-gari to O-soto-gari		Kube-nage to Ushiro-goshi				Kata-seoi to Sumi-gaeshi					
Hiza-guruma to Hiza-guruma		Koshi-guruma to Uki-goshi									
O-uchi-gari to De-ashi-barai (Okuri)		Hane-goshi to Sasae-tsuri-komi-ashi									
De-ashi-barai to De-ashi-barai		Harai-goshi to Utsuri-goshi									
Ko-soto-gake to Tai-otoshi		Uchi-mata to Sukui-nage									
Ko-uchi-gari to Sasae-tsuri-komi-ashi								TOTAL			

Section 10 – Kokusai Shiai Waza					
1st SET		2nd SET		3rd SET	
Daki-ko-soto-gake		Morote-eri-seoi-nage		Yoko-tomoe-nage	
Soto-kibusu-gaeshi		Kata-soto-ashidori		Kata-sode-ashi-tsurikomi-goshi	
Uchi-kibusu-gaeshi		Kata-uchi-ashidori		Soto-mata-seoi-otoshi	
Ryo-hiza-seoi-otoshi		Ryo-ashi-tomoe-nage		Ko-uchi-gake-mata-makikomi	
Kata-hiza-tai-otoshi		Kata-hiza-te-ouchi-gake-ashi-dori		Kata-eri-sode-tsurikomi-goshi	
4th SET		5th SET			
Ushiro-hiza-ura-nage		Morote-kata-sode-tai-otoshi			
Hiza-soto-muso		Ashi-hara-gatame			
Yoko-kata-guruma-otoshi		Kata-te-ashi-koshi-jime			
Mae-hiza-uranage		Soto-ashi-dori-ouchi-gari			
Ryo-hiza-kata-guruma		Kata-sode-seoi-otoshi		TOTAL	

OVERVIEW – Points requirements	1st DAN	2nd DAN	3rd DAN	4th DAN	5th DAN
<b>Section 1 – Single Techniques</b>	One from each set Examiners Choice <b>40 from 50</b>	Two from each set Examiners Choice <b>80 from 100</b>	Three from each set Examiners Choice <b>120 from 150</b>	Four from each set Examiners Choice <b>160 from 200</b>	Five from each set Examiners Choice <b>200 from 250</b>
<b>Section 2 – Single Techniques</b>	One from each set Examiners Choice <b>40 from 50</b>	Two from each set Examiners Choice <b>80 from 100</b>	Three from each set Examiners Choice <b>120 from 150</b>	Four from each set Examiners Choice <b>160 from 200</b>	Five from each set Examiners Choice <b>200 from 250</b>
<b>Section 3 – Renzoku-waza</b>	One set Examiners Choice <b>24 from 30</b>	Two sets Examiners Choice <b>48 from 60</b>	Three sets Examiners Choice <b>72 from 90</b>	Four sets Examiners Choice <b>96 from 120</b>	All Five sets <b>120 from 150</b>
<b>Section 4 – Renraku-waza</b>	One set Examiners Choice <b>24 from 30</b>	Two sets Examiners Choice <b>48 from 60</b>	Three sets Examiners Choice <b>72 from 90</b>	Four sets Examiners Choice <b>96 from 120</b>	All Five sets <b>120 from 150</b>
<b>Section 5 - Kaeshiwaza</b>	One set Examiners Choice <b>24 from 30</b>	Two sets Examiners Choice <b>48 from 60</b>	Three sets Examiners Choice <b>72 from 90</b>	Four sets Examiners Choice <b>96 from 120</b>	All Five sets <b>120 from 150</b>
<b>Section 6 – Renraku/Kaeshi/Nige-waza</b>	One set Examiners Choice <b>16 from 20</b>	Two sets Examiners Choice <b>32 from 40</b>	Three sets Examiners Choice <b>48 from 60</b>	Four sets Examiners Choice <b>64 from 80</b>	All Five sets <b>80 from 100</b>
<b>Section 7 – Nage-No-Kata</b>	One entire Kata Candidates Choice <b>PASS / FAIL</b>	Two entire Kata's Candidates Choice <b>PASS / FAIL</b>	Entire Kata <b>180 from 300</b>	Entire Kata* <b>180 from 300</b>	Entire Kata* <b>180 from 300</b>
<b>Section 8 – Katame-No-Kata</b>	One entire Kata Candidates Choice <b>PASS / FAIL</b>	Two entire Kata's Candidates Choice <b>PASS / FAIL</b>	Entire Kata <b>90 from 150</b>	Entire Kata* <b>90 from 150</b>	Entire Kata* <b>90 from 150</b>
<b>Section 9 – Gonosen-No-Kata</b>	One entire Kata Candidates Choice <b>PASS / FAIL</b>	Two entire Kata's Candidates Choice <b>PASS / FAIL</b>	Entire Kata <b>72 from 120</b>	Entire Kata* <b>72 from 120</b>	Entire Kata* <b>72 from 120</b>
<b>Section 10 – Kokusai Shiai Waza</b>	One set Candidates Choice <b>40 from 50</b>	Two sets Candidates Choice <b>80 from 100</b>	Three sets Candidates Choice <b>120 from 150</b>	Four sets Candidates Choice <b>160 from 200</b>	All Five sets <b>200 from 250</b>

**Notes for the Examiner:** Marking for Technical Dan Grades will range from 0 to 10 points for each technique. Examiners are required to assess the technical knowledge and understanding of candidates as opposed to their personal performance. Minimum pass mark for each section is 80% as indicated above – the pass mark for Sections 7, 8 and 9 however is 60%. Holders of County Level Kata Certificates are exempt from the corresponding sections. Holders of Technical 3<sup>rd</sup> Dan and above are exempt from Sections 7, 8 & 9. Holders of Competitive 3<sup>rd</sup> Dan and above must complete Sections 7, 8 & 9.