Club Mark Statements Monday, 01 February 2010		Chairman Ted Evans 3rd Dan 63 The Cains. Taverham Norwich Norfolk NR8 6FU 01603 865633 email to : teddy.evans@ukgateway.net

Ren keido Judo Kwai Mat occupancy Policy

At all times the safety to the person on the Mat and all others on the club shall be taken into account even if this results in closing down the club or session

1. Weekly programme may very according to championship attendance or Promotion Examination of Theory.
2. Weekly Programme may very according to available instruction

Juniors 18.15 to 20.45
Seniors 20.45 to 22.00

18.15	Open Club
18.20	Lay Mats
18.25	Inspect Mat area
18.28	Allow Club Instructor onto mat for formal Rei onto Junior session
18.30	Each session shall begin with a General Warm up
18.40	Judo according to Plan and Monthly Programme
19.10	Half way Game
19.15	Mat two allowed on for formal Rei onto Junior session and Rei off Mat 1
19.20	Mat two instruction begin with a General Warm up
20.25	Randori and ne - Waza
20.35	Judo Theory according to Plan and Monthly Programme
20.40	Games
20.45.	Club Instructors and Grade order to mat for formal Rei off Junior session (Put Mats away tidy up Hall and Lock up if no Senior session)
20.55	Allow Club Instructor onto mat for formal Rei onto Senior session
21.00	Each session shall begin with a General Warm up
21.20	Judo according to Plan and Monthly Programme
21.35	Randori and ne Waza
21.45	Judo Theory according to Plan and Monthly Programme
21.55	Randori and ne - Waza or Kata
22.00	Put Mats away tidy up Hall and Lock up end of session

Signed E. Evans 3rd Dan , Club Chairman …….. 18th August 2008